

# A bowlful of harvest



Our day often begins with a bowl of cereal. Have you ever thought that breakfast doesn't simply come from a box? Breakfast cereals are made from cereal crops.

Cereals are grasses grown for their grain. Lots of people are involved of caring for the crops, harvesting, manufacturing and getting the boxes to the supermarket shelves.

So, whatever breakfast cereal we enjoy and however it's served, let's be thankful for a bowlful of harvest!

Dear God,

Thank you for the different cereals we enjoy.  
Help us to start each new day by being thankful.

Amen.