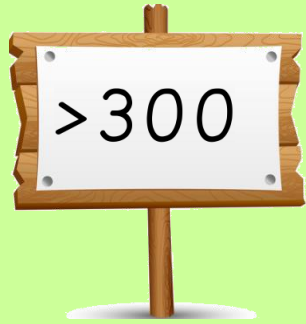


# Acts of love



The word 'love' is used more than 300 times in the Bible. It can be found somewhere in all religious texts.

We can all help the world to have more love. Each day, we have the opportunity to show love to those around us.

Christians believe that God loves everyone very much. They believe that God wants this love to spread out to the world through our words and our actions.

What can you do today to show love to others? Examples could be to give someone a hug, help someone at home or play with someone different in the playground. Often, our smallest actions have a big effect when they are carried out in love.

Sit quietly and think about what you are going to do today to show love to others.

Dear God,

We thank you for your love.

We thank you for all the people who show love to us.

Please help us to spread more love in the world by behaving in loving ways.

Please help us to do something every day to show people that we care.

Amen.